

## Press release

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### Basic information

Name: Nasrin Tayyari Dehbarez

Email: [ntd@ph.au.dk](mailto:ntd@ph.au.dk) Phone: +45 78414372

Department of: Public Health

Main supervisor: Rikke Søgaard

Title of dissertation: Hospital choice in times of restructuring the hospital sector

Date for defence: 27 August 2018 at (time of day): 14:00 Place: Lille anatomiske auditorie 131-424, Universitetsparken 231, 8000 Aarhus C

Press release (Danish)

### Fritsygehusvalg i tider med omstrukturering i sundhedssektoren

Frit sygehusvalg er indført i de nordeuropæiske sundhedsvæsen som et led i New Public Management for at skabe en markedslignende situation, hvor risiko for patienters fravalg af et specifikt tilbud øger hospitalernes opmærksomhed på patienternes ønsker. De primære mål med politikken var at øge effektiviteten gennem konkurrence i forhold til ventetid og kvalitet, at forbedre udbydernes lydhørhed over for patienternes præferencer og at give patienterne mere selvbestemmelse over egen behandling.

Ved anvendelse af et sundhedsøkonomisk perspektiv undersøger dette ph.d.-projekt frit valg og konsekvenserne af det frie sygehusvalg med hensyn til lighed. Projektet undersøger kvinders beslutningstagning i forhold til valg af fødested, informationssøgningsproces og prioriteringer vedrørende udvalgte egenskaber ved de valgte hospitaler. Endvidere bliver brugen af hospitalsattributter kvantificeret, og afvejninger af attributterne bliver estimeret.

I en tid med fokus på patientcentreret pleje, hvor patienternes præferencer værdsættes, skal de individuelle præferencer i forhold til hospitalernes tilbud tilpasses fritvalgspolitikken. Dette ph.d.-projekt giver nogle bud på kvinders præferencer, som kan anvendes i videre policy-making på fødselsområdet.

Studiet er et nyt ph.d.-projekt fra Aarhus Universitet, Health. Projektet er gennemført af Nasrin Tayyari Dehbarez, der forsvare det d. 27 august, 2018

Forsvaret af ph.d.-projektet er offentligt og finder sted den 27 august kl. 14:00 i lille anatomiske auditorie, universitetsparken 231, 8000 Aarhus C. Titlen på projektet er "Fritsygehusvalg i tider med omstrukturering i sundhedssektoren". Yderligere oplysninger: Ph.d.-studerende Nasrin Tayyari Dehbarez, e-mail: [ntd@ph.au.dk](mailto:ntd@ph.au.dk), tlf. +45 78414372.

Bedømmelsesudvalg:

Professor Karsten Vrangbæk, MSc, Ph.D.

Department of Public Health, Copenhagen University, Denmark

Senior Lecturer Seda Erdem, MSc., Ph.D.

Economics Division, University of Stirling, United Kingdom

Professor Cecilia Ramlau-Hansen, MSc., Ph.D.

Department of public health, epidemiology, Aarhus University, Denmark

Press release (English)

### Hospital choice in times of restructuring the hospital sector

Hospital choice policy has been introduced in Northern European health care system as part of New Public Management tool to create a market-like situation, where patients' signals and the threat of exit make the hospitals more sensitive to patient's preferences. The initial aims of the policy were to increase efficiency through competition for waiting time and quality, enhance providers' responsiveness to consider patients' preferences and to give patients more power over their journey to receive treatment.

Applying a health economics perspective, this PhD project investigated uptake of choice and the consequences of hospital choice policy on equity. The project investigated women's decision-making in relation to choice of birthing hospital, information seeking process and priorities regarding hospital characteristics. Furthermore, the utility of hospital attributes were quantified and trade-offs of hospital attributes were estimated.

At the time of patient-centered care, where patients' preferences are to be valued, hospital choice policy needs to accommodate individuals' preferences into its components. This PhD project provided some evidence of women's preferences to be considered in policy.

The project was carried out by Nasrin Tayyari Dehbarez, who is defending her dissertation on August 27, 2018.

The defence is public and takes place on 27 August 2018 at 14:00 in Lille anatomiske auditorie, Aarhus University, Universitetsparken 231, 8000 Aarhus C. The title of the project is 'Hospital choice in times of restructuring the hospital sector'.

For more information, please contact PhD student Nasrin Tayyari Dehbarez, email: [ntd@ph.au.dk](mailto:ntd@ph.au.dk), Phone +45 78414372.

Assessment committee:

Professor Karsten Vrangbæk, MSc, Ph.D.

Department of Public Health, Copenhagen University, Denmark

Senior Lecturer Seda Erdem, MSc., Ph.D.

Economics Division, University of Stirling, United Kingdom

Professor Cecilia Ramlau-Hansen, MSc., Ph.D.

Department of public health, epidemiology, Aarhus University, Denmark

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