

## **Press release**

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## **Basic information**

Name: Monica Milter Ehlers Email: emom@agrhus.dk Phone: 26150689

Department of: Public Health

Main supervisor: Claus Vinther Nielsen

Title of dissertation: Older community-dwelling adults with hip fracture, relatives and multidisciplinary hospital-based and municipal rehabilitation teams - Perspectives on post-discharge rehabilitation

Date for defence: 22.5.2017 at (time of day): 10.00 Place: MarselisborgCentret, Fællesfaciliteterne, P.P. Ørums Gade 11, byg. 8, Aarhus C

Press release (Danish)

Rehabilitering efter hospitalsudskrivelse til ældre med hoftebrud bosat i eget hjem

Monica Milter Ehlers har gennem sit ph.d. studie identificeret og syntetiseret kvalitative og kvantitative studier om ældres egen vurdering af deres funktionsevne, funktionsevnenedsættelse samt rehabiliteringsforløb efter hoftebrud.

Monica Milter Ehlers har desuden undersøgt, hvordan et multidisciplinært hospitalbaseret team samt et multidisciplinært kommunalt rehabiliteringsteam planlagde og udførte rehabilitering af ældre bosat i eget hjem efter hoftebrud. Monica Milter Ehlers har ligeledes undersøgt, hvordan ældre bosiddende i eget hjem samt deres nære pårørende oplevede rehabiliteringen en måned efter hoftebruddet.

Ph.d. studiet er gennemført ved Institut for Folkesundhed, Sektion for klinisk socialmedicin og rehabilitering, Aarhus Universitet.

Dette resumé er udarbejdet af den ph.d. studerende.

Forsvaret af ph.d.-projektet er offentligt og finder sted den 22/05/17 kl. 10 i bygning 8, MarselisborgCentret, P.P. Ørums Gade 11, 8000 Aarhus C. Titlen på projektet er "Older communitydwelling adults with hip fracture, relatives and multidisciplinary hospital-based and municipal rehabilitation teams - Perspectives on post-discharge rehabilitation". Yderligere oplysninger: Ph.d.-studerende Monica Milter Ehlers, e-mail: emom@aarhus.dk, tlf. 26150689.

Bedømmelsesudvalg: Anne Clancy, Doctor of Public Health, Professor, Department of Health and Care Sciences, UiT Norwegian University of the Arctic, Campus Harstad, Norge

Lene Bastrup Jørgensen, Associate professor, Forskningschef, Center for Planlagt Kirurgi, Hospitalsenhed Midt, Silkeborg, Danmark

Sanne Angel (formand), Associate Professor, Institut for Folkesundhed, Sektion for Sygepleje, Aarhus Universitet, Danmark

Press release (English)

Post-discharge rehabilitation of older community-dwelling adults after hip fracture

During her PhD studies, Monica Milter Ehlers has identified and synthesized scientific evidence on older adults' experiences of their physical and mental health, functional performance and



participation in everyday life after hip fracture. Additionally, Monica Milter Ehlers has determined the influence of personal or social factors on functional capacity after fracture.

Monica Milter Ehlers has also investigated how a multidisciplinary hospital-based team and a multidisciplinary municipal rehabilitation team planned and performed postdischarge rehabilitation of older community-dwelling adults after hip fracture. Furthermore, the experiences of community-dwelling older adults and their relatives in relation to rehabilitation four weeks after hip fracture was investigated.

The PhD degree was completed at the Department of Public Health, Section for Clinical Social Medicine and Rehabilitation, Aarhus University.

This résumé was prepared by the PhD student.

The defence is public and takes place on 22/05/2017 at 10.00 in building 8, MarselisborgCenter, P.P. Ørums Gade 11, 8000 Aarhus C. The title of the project is Older community-dwelling adults with hip fracture, relatives and multidisciplinary hospital-based and municipal rehabilitation teams - Perspectives on post-discharge rehabilitation. For more information, please contact PhD student Monica Milter Ehlers, email: emom@aarhus.dk, Phone +45 26150689.

Assessment committee: Anne Clancy, Doctor of Public Health, Professor, Department of Health and Care Sciences, UiT Norwegian University of the Arctic, Campus Harstad, Norway

Lene Bastrup Jørgensen, Associate professor, Head of Research, Center for Planned Surgery, Regional Hospital Central Jutland, Silkeborg, Denmark

Sanne Angel (chair), Associate Professor, Department of Public Health, Section of Nursing Science, Aarhus University, Denmark

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