

Press release

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Basic information

Name: Davíð R.M.A. Højgaard Email: davmar@rm.dk Phone: +45 51 85 81 29

Department of: Clinical Medicine

Main supervisor: Per Hove Thomsen

Title of dissertation: Symptom Patterns, Co-morbidity and Treatment Outcome in Child and Adolescent Obsessive-Compulsive Disorder

Date for defence: June 6. at (time of day): 14:00 Place:

Auditorium, Aarhus University Hospital Risskov, Skovagervej 2, Entrance 30, DK-8240 Risskov

Press release (Danish)

Obsessiv-kompulsiv lidelse hos børn og unge: subtyper, komorbiditet og behandlingseffekt

Et stort internationalt studie udført ved børne og ungdomspsykiatrisk center, Risskov, viser at obsessiv-kompulsiv lidelse (OCD) hos børn og unge kan forklares med tre distinkte typer af symptomer. Studiet viser også, at kognitiv adfærdsterapi (KAT) er effektiv for OCD patienter med komorbide tics symptomer. Langtidseffekten af KAT var undersøgt og viser at for de fleste børn, som responderer til KAT, holder effekten mindst et år efter afsluttet behandling. Studiet er et nyt ph.d.-projekt fra Aarhus Universitet, Health. Projektet er gennemført af Davíð R.M.A. Højgaard, der forsvaret det d. 6. juni 2017.

Forsvaret af ph.d.-projektet er offentligt og finder sted den 6. juni 2017 kl. 14:00 i auditoriet, Aarhus Universitetshospital, Skovagervej 2, Indgang 30, 8240 Risskov. Titlen på projektet er "Symptom Patterns, Co-morbidity and Treatment Outcome in Child and Adolescent Obsessive-Compulsive Disorder". Yderligere oplysninger: Ph.d.-studerende Davíð R.M.A. Højgaard, e-mail: davmar@rm.dk, tlf. +45 51858129.

Press release (English)

Child and Adolescent Obsessive-Compulsive Disorder: Subtypes, Comorbidity and Treatment Outcome

A large international study carried out at the Centre for Child and Adolescent Psychiatry, Risskov, reveals that Obsessive-Compulsive Disorder (OCD) in children and adolescents can be explained by three distinct types of symptoms. Also, the study found that Cognitive-Behavioral Therapy (CBT) is effective for OCD patients who have comorbid symptoms of tics. Long-term effect of CBT response was evaluated and showed that most children and adolescents who benefit from CBT also maintain their treatment gains for at least one year after ended treatment. This study forms a PhD project and is a part of the Nordic Long-Term OCD Treatment Study (NordLOTS). The project was carried out by Davíð R.M.A. Højgaard, who is defending his dissertation on 6 June 2017.

The defense is public and takes place on 6 June at the Auditorium at Aarhus University Hospital Risskov, Entrance 30, Skovagervej 2, 8240 Risskov. The title of the project is "Symptom Patterns, Co-morbidity and Treatment Outcome in Child and Adolescent Obsessive-Compulsive Disorder". For more information, please contact PhD student Davíð R.M.A. Højgaard, email: davmar@rm.dk, Phone +45 5185 8129.

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