

## Press release

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### Basic information

Name: Mette Munk                      Email: [mmj@ph.au.dk](mailto:mmj@ph.au.dk) Phone: +45 22749825

Department of: Public Health

Main supervisor: Sine Agergaard

Title of dissertation: Inclusion and Exclusion in the Landscape of Physical Education. A case study of students' participation and non-participation along with the significance of the curriculum approach in secondary school physical education

Date for defence: 23/3-2018 at (time of day): 13 Place: Section For Sport Science, Aarhus University, Dalgas Avenue 4, 8000 Aarhus C.

Press release (Danish)

Inklusion og eksklusion i idrætsundervisningen

Inklusions- og eksklusionsprocesser, defineret som deltagelse og ikke-deltagelse, der er afhængig af elevernes oplevelser af meningsfuldhed og social legitimitet i idrætsundervisningen, er fokus for en ny ph.d.-afhandling af Mette Munk fra Aarhus Universitet, Health. Afhandlingen er antaget til forsvar d. 23/3.

Afhandlingen undersøger gennem et case-studie, hvordan inklusions- og eksklusionsprocesser udspiller sig i idrætsundervisningen i folkeskolens ældste klasser. Afhandlingen afprøver endvidere mulighederne for at ændre det traditionelle fokus i forhold til at beherske specifikke idrætsdiscipliner i idrætsfaget i udkolingen. Afhandlingen introducerer en didaktisk model, som har fokus på idrætsfagets faglighed og som baserer sig på en mestrings-orienteret tilgang til undervisningen.

Ved at tage højde for de relationelle, flerdimensionale og dynamiske aspekter, der har betydning for elevernes deltagelse og ikke-deltagelse i idrætsundervisningen, er afhandlingen et bidrag til en nytænkning af den rolle, som inklusions- og eksklusionsprocesser har i idrætsundervisningen, samt de muligheder og udfordringer der er ved didaktiske modeller, der søger at ændre på disse processer.

Resultaterne fra afhandlingen bør finde anvendelse ikke blot i folkeskolens idrætsundervisning, men også i beslægtede kontekster, hvor målet er at fremme ikke-deltageres inklusion i idrætsfaget. Det sociale relationelle perspektiv på inklusions- og eksklusionsprocesser, som udfoldes i afhandlingen vil således forhåbentligt kunne inspirere til en kritisk evaluering af eksisterende praksisser i faget idræt samt bidrage til udviklingen af nye initiativer. Forsvaret af ph.d.-projektet er offentligt og finder sted den 23/03 kl. 13.00 i Idræt auditorium, Aarhus Universitet, Dalgas Avenue 4, Aarhus. Titlen på projektet er "Inclusion and Exclusion in the Landscape of Physical Education. A case study of students' participation and non-participation along with the significance of the curriculum approach in secondary school physical education". Yderligere oplysninger: Ph.d.-studerende Mette Munk, e-mail: [mmj@ph.au.dk](mailto:mmj@ph.au.dk), tlf. 22749825.

Bedømmelsesudvalg:

Associate professor Mette Krogh Christensen (chairman and moderator of the defence)  
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Institut für Sport und Sportwissenschaft, Technische Universität Dortmund, Germany

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Press release (English)

### Inclusion and exclusion in the landscape of physical education

Inclusion and exclusion processes, defined as participation and non-participation depending on the students' experiences of meaningfulness and social legitimacy in physical education, is the focus of a new PhD thesis by Mette Munk from Aarhus University, Health. The dissertation is accepted for defense d. 23/3.

Through a case study, the thesis examines how inclusion and exclusion processes play out in play out in the subject physical education at the lower secondary education level. The dissertation also tests possibilities for changing the traditional focus on students' performance in specific sports disciplines in physical education. Thus, the dissertation introduces a didactic model with focus on the educational objectives of physical education, which is based on a mastery-orientated teaching approach.

Taking into consideration the relational, multi-dimensional and dynamic aspects of importance for students' participation and non-participation in physical education, the dissertation is a contribution to rethink the role of inclusion and exclusion processes in physical education as well as opportunities and challenges in the implementation of didactic models seeking to change these processes.

The thesis may be used for the critical evaluation of existing practices and the design of future initiatives, not only in the context of physical education but also in related contexts where the goal is promotion of inclusion in physical activity. Hopefully, the social-relational perspective on inclusion and exclusion processes unfolded in the thesis, will inspire a critical evaluation of existing practices in the field of sport and contribute to the development of new initiatives. The defence is public and takes place on 23/03 at 13:00 in Sport Science auditorium, Aarhus University, Dalgas Avenue 4, Aarhus. The title of the project is "Inclusion and Exclusion in the Landscape of Physical Education. A case study of students' participation and non-participation along with the significance of the curriculum approach in secondary school physical education". For more information, please contact PhD student Mette Munk, email: mmj@ph.au.dk, Phone +45 22749825.

Assessment committee:

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