

## Press release

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### Basic information

Name: Tove Lise Nielsen      Email: [ton@via.dk](mailto:ton@via.dk)      Phone: +45 2714 2775

Department of: Public Health

Main supervisor: Claus Vinther Nielsen

Title of dissertation: "Home-based occupational therapy for community-dwelling older adults: A study of effect and participants' perspectives"

Date for defence: 9<sup>th</sup> of April 2018 at (time of day): 13.00 Place: MarselisborgCentret Bygning 8, PP Ørumsgade 9-11, 8000 Aarhus C

Press release (Danish)

"Ergoterapi i ældre menneskers hjem: Et studie af effekt og af deltagernes perspektiver"

Ældre mennesker med helbredsproblemer kan henvises til ergoterapi, hvis de har svært ved at udføre betydningsfulde hverdagsaktiviteter. Målene med dette studie var at undersøge, hvorvidt klientcenteret og aktivitetsbaseret ergoterapi leveret i de ældres hjem kan hjælpe dem til at forbedre og vedligeholde deres udførelse af hverdagsaktiviteter samt at forstå, hvordan ældre mennesker oplever og håndterer deres hverdagsaktiviteter efter de har haft ergoterapi. Dette blev undersøgt gennem et behandlingsstudie, et litteraturstudie og en interviewundersøgelse. Resultaterne kan inspirere fremtidig ergoterapi til ældre mennesker.

Dette nye ph.d.-projekt fra Aarhus Universitet, Health er gennemført af Tove Lise Nielsen, der forsvare det d. 09/04 2018.

Forsvaret af ph.d.-projektet er offentligt og finder sted den 09/04/2018 kl. 13 i Bygning 8 på MarselisborgCentret, P P Ørumsgade 9-11, Aarhus C. Titlen på projektet er "Home-based occupational therapy for community-dwelling older adults: A study of effect and participants' perspectives". Yderligere oplysninger: Ph.d.-studerende Tove Lise Nielsen, e-mail: [ton@via.dk](mailto:ton@via.dk), tlf. 2714 2775.

Bedømmelsesudvalg:

Kaj Sparle Christensen, MD, PhD, Professor ved Institut for Folkesundhed, Forskningsenheden for Almen Praksis, Aarhus Universitet, Danmark

Åse Brandt, Ergoterapeut, PhD, Lektor ved Forskningsinitiativet for Aktivitetsstudier og Ergoterapi, Forskningsenheden for Almen Praksis, Syddansk Universitet

Kjersti Vik, Ergoterapeut, PhD, Professor ved Institut for Nevromedisin og bevægelsesvidenskab, Norwegian University of Science and Technology, Trondheim, Norge

Press release (English)

"Home-based occupational therapy for community-dwelling older adults: A study of effect and participants' perspectives"

In Denmark, older adults with health issues can be referred to occupational therapy, if they have problems performing their daily life activities. The aims of the present study were to examine whether

home-based, client-centred, and occupation-based occupational therapy may help older adults to improve and maintain their performance of daily life activities, and to understand how older adults experience and deal with their daily life activities after they have received occupational therapy. This was examined through an intervention study, a literature study, and an interview study. The results can inspire future delivery of occupational therapy to older adults.

This new PhD project from Aarhus University, Health, was carried out by Tove Lise Nielsen, who is defending her dissertation on the 9<sup>th</sup> of April 2018.

The defence is public and takes place on 9<sup>th</sup>/April at MarselisborgCentret, P P Ørumsgade 9-11, Aarhus C. The title of the project is "Home-based occupational therapy for community-dwelling older adults: A study of effect and participants' perspectives". For more information, please contact PhD student Tove Lise Nielsen, email: ton@via.dk, Phone +45 2714 2775.

Assessment committee:

Kaj Sparle Christensen, MD, PhD, Professor at the Department of Public Health, Section for General Medical Practice, Aarhus University, Denmark.

Åse Brandt, OT, PhD, Associate Professor at the Research Initiative for Activity Studies and Occupational Therapy, Research Unit of General Practice, Southern University of Denmark, Odense, Denmark.

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