

## Press release

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### Basic information

Name: Aamod Dhoj Shrestha Email: [ads@ph.au.dk](mailto:ads@ph.au.dk) Phone: +4591773014

Department of: Public Health

Main supervisor: Professor Per Kallestrup

Title of dissertation:

Community-based Intervention for Cervical Cancer Screening Uptake in Nepal (COBIN-C)

Date for defence: 26 November 2021 at (time of day): 14.15 Place: Jeppe Vontilius Auditorium, Lake Auditorium, Aarhus University, (Building 1252, Room 3.10) Bartholins Allé 3, 8000 Aarhus C.

Press release (Danish)

Fredag den 26. november 2021, kl. 14.15, forsvarer Aamod Dhoj Shrestha sin afhandling med titlen "Community-based Intervention for Cervical Cancer Screening Uptake in Nepal (COBIN-C)".

Globalt er livmoderhalskræft den fjerde hyppigste kræftsygdom blandt kvinder med cirka 90 % af dødsfaldene i lav og mellemindkomstlandene. I Nepal er livmoderhalskræft den vigtigste årsag til kræftdødsfald blandt kvinder. Ifølge World Health Organization kunne 40% af nye livmoderhalskræfttilfælde og 5 millioner relaterede dødsfald forhindres med en vellykket implementering af vaccination, screening og behandling af sygdommen inden 2050. Mobilisering af Female Community Health Volunteers (FCHVs), som med succes har bidraget i deres lokalsamfund med at løse forskellige folkesundhedsproblemer, kan være en effektiv intervention til at øge optagelsen af livmoderhalskræftscreening i Nepal. Denne afhandling vurderede effekten af FCHV-leveret intervention for at øge deltagelsen i livmoderhalskræftscreening blandt nepalesiske kvinder.

Forsvaret er offentligt og finder sted i Jeppe Vontilius Auditorium i Søauditorierne, Aarhus Universitet, (Bygning 1252, lokale 3.10) Bartholins Allé 3, 8000 Aarhus C. Titlen på projektet er Community-based Intervention for Cervical Cancer Screening Uptake in Nepal (COBIN-C).

Yderligere oplysninger: Ph.d.-studerende Aamod Dhoj Shrestha, e-mail: [ads@ph.au.dk](mailto:ads@ph.au.dk), tlf. +45 91773014.

Bedømmelsesudvalg:

Associate professor Dorte Rytter - chairman of the committee and moderator of the defence  
Department of Public health, research unit for epidemiology  
Aarhus University, Denmark

Assistant professor Sunila Shakya  
Department of Obstetrics and Gynecology  
Dysplasia & Colposcopy unit, Dhulikhel Hospital,  
Kathmandu University Schools of Medical Sciences, Nepal

Professor Elsebeth Lynge  
Nykøbing Falster Hospital/  
University of Copenhagen, Denmark

Press release (English)

On Friday, 26 November 2021 at 14.15, Aamod Dhoj Shrestha will defend his dissertation titled, "Community-based Intervention for Cervical Cancer Screening Uptake in Nepal (COBIN-C)".

Globally, cervical cancer is the fourth most frequent cancer among women with an approximate 90% of deaths occurring in low- and middle-income countries. In Nepal, cervical cancer is the major cause of cancer deaths among women. According to the World Health Organization, 40% of new cervical cancer cases, and 5 million related deaths could be prevented with the successful implementation of vaccination, screening, and treatment of the disease by 2050.

Mobilizing Female Community Health Volunteers (FCHVs) who have successfully contributed to their communities in addressing various public health issues may be an effective intervention in increasing cervical cancer screening uptake in Nepal.

This dissertation assessed the effect of FCHV delivered intervention to increase cervical cancer screening uptake among Nepalese women.

The defence is public and takes place in the Jeppe Vontilius Auditorium in the Lake Auditorium, Aarhus University, (Building 1252, Room 3.10) Bartholins Allé 3, 8000 Aarhus C.

For more information: PhD student Aamod Dhoj Shrestha, email: ads@ph.au.dk,  
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Assessment committee:

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