

Press release

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Basic information

Name: Julie Jacoby Petersen Email: julie.jacoby.petersen@regionh.dk Phone: +45 51686401

Department of: Public Health

Main supervisor: Anne Brødsgaard

Title of dissertation: The course of illness among elderly patients after major emergency abdominal surgery: Patients, families, and nurses' experiences and the feasibility of a cross-sectoral family nursing intervention

Date for defence: 11. March at (time of day): 13.00 Place: Virtual PhD defence (Zoom)

Press release (Danish)

Sygdomsforløbet hos ældre patienter efter større akut højrisiko mavetarmkirurgi: Patienter, familier, og sygeplejerskers oplevelser, samt gennemførligheden af en tværsektoriel familie sygepleje intervention

En stor gruppe patienter med forskellige underliggende sygdomme får foretaget større akut højrisiko-mavetarmkirurgi. For de ældre patienter medfører kritisk sygdom, operation og hospitalsindlæggelse ofte et nedsat fysisk funktionsniveau, hvilket øger deres risiko for at blive afhængig af hjemmehjælp eller familie. Disse patienter er ofte også udsat for at blive flyttet i forbindelse med overgangen fra en sektor til en anden. Sektorovergangene er præget af manglende sammenhæng, hvilket ofte er en udfordring for de ældre patienter på grund af manglende evne til at navigere i et komplekst sundhedsvæsen. Endvidere viser et stigende antal studier, at sygdom ikke kun påvirker patienten men også familien - både psykisk, socialt og fysisk. Alligevel bliver familiernes behov ofte overset i sundhedsvæsenet.

Dette ph.d.-projekt bidrager med ny viden om, hvordan de ældre patienter og deres familiemedlemmer oplever sygdomsforløbet efter at have gennemgået større akut mavetarmkirurgi, både under indlæggelsen og en måned efter udskrivelsen. I ph.d.-projektet er der gennemført en intervention med familie sygepleje bestående af terapeutiske familiesamtaler udført på tværs af hospital og kommuner med henblik på at støtte patienter, der har fået foretaget større akut mavetarmkirurgi, samt deres familier. Endelig er effekten og gennemførligheden af interventionen evalueret.

Ph.d.-projekt er fra Aarhus Universitet, Health. Projektet er gennemført af Julie Jacoby Petersen, der forsvarede det d. 11. marts 2021

Forsvaret af ph.d.-projektet er offentligt og vil grundet COVID-19 restriktioner blive gennemført virtuelt. Link til virtuel deltagelse kan tilsendes ved kontakt til Julie Jacoby Petersen. Titlen på projektet er ”The course of illness among elderly patients after major emergency abdominal surgery: Patients, families and nurses' experiences and the feasibility of a cross-sectoral family nursing intervention”. Yderligere oplysninger kan fås ved kontakt til Ph.d.-studerende Julie Jacoby Petersen, julie.jacoby.petersen@regionh.dk, tlf. 51686401

Bedømmelsesudvalg:

Ingrid Poulsen, Ph.d., Lektor, - formand for bedømmelsesudvalget

Institut for folkesundhed, Århus universitet, og Forskningsenheden RUBRIC (Research Unit on Brain Injury Rehabilitation Copenhagen), Rigshospitalet

Carina Persson, Ph.d., Lektor, Linnéuniversitetet, Institutionen för hälso- och vårdvetenskap, and Faculty of Health and Life Sciences, Kalmar, Sverige

Regner Birkelund, Ph.d., Professor, Sygehus Lillebælt, Enhed for Sundhedstjenesteforskning, Syddansk Universitet

Press release (English)

The course of illness among elderly patients after major emergency abdominal surgery: Patients, families, and nurses' experiences and the feasibility of a cross-sectoral family nursing intervention

A heterogeneous group of patients with diverse underlying illnesses undergo major emergency abdominal surgery. For the elderly patient, critical illness, surgery and hospitalisation cause their physical functional level to deteriorate, which is associated with an increased risk of becoming dependent on homecare services and families. These patients are frequently exposed to transitions between healthcare sectors. However, care transitions are affected by lack of coherence between the healthcare sectors, which often challenges elderly patients because of their limited ability to navigate a complex healthcare system. Furthermore, mounting evidence demonstrates how a relative's illness affects the lives of the families, emotionally, socially and physically. Nevertheless, families' needs and support for families are often overlooked in the healthcare system.

This PhD contributes with new knowledge related to how elderly patients and their family members experience the course of illness after major emergency abdominal surgery, during hospitalisation and one month after discharge. This PhD project investigates a family nursing intervention, comprising therapeutic family conversations conducted across hospital and municipalities, designed to support patients and their family members. The effectiveness and feasibility of the intervention are evaluated.

The project was carried out by Julie Jacoby Petersen, who is defending her dissertation on March 11, 2021

The defence is public and will due to COVID-19 be conducted virtually. The defence takes place on March 11, 2021 at 13.00 online. The link is available from Julie Jacoby Petersen. The title of the project is The course of illness among elderly patients after major emergency abdominal surgery: Patients, families, and nurses' experiences and the feasibility of a cross-sectoral family nursing intervention. For more information, please contact PhD student Julie Jacoby Petersen, email: julie.jacoby.petersen@regionh.dk, Phone +45 51686401.

Assessment committee:

Ingrid Poulsen, PhD, Associate Professor - Chairman
Research Unit Nursing and Health Care, Health, Aarhus University and Department of Neurorehabilitation, RUBRIC (Research Unit on Brain Injury Rehabilitation Copenhagen), TBI Unit, Rigshospitalet

Carina Persson, PhD, Associate Professor, Linnéuniversitetet, Institutionen för hälso- och vårdvetenskap, and Faculty of Health and Life Sciences, Kalmar, Sweden

Regner Birkelund, PhD, Professor, Department of Region Health Research, University of Southern Denmark, Denmark

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