

## Press release

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### Basic information

Name: Maria Skydt Lindgren Email: [mssl@clin.au.dk](mailto:mssl@clin.au.dk) Phone: 22145791

Department of: Clinical Medicine

Main supervisor: Jørgen Bjerggaard Jensen

Title of dissertation: Chemoresection in non-muscle invasive bladder cancer  
- Can we avoid TURBT in recurrent tumours?

Date for defence: 20.08.2021 at (time of day): 14.00 Place: Auditorie B, AUH Skejby, indgang G6

Press release (Danish)

#### Ekspérimentel behandling af overfladiske blæretumorer gør operation overflødig

Den traditionelle behandling af overfladiske blæretumorer består af en operation efterfulgt af blæreskylninger med kemoterapi. I et ph.d.-projekt fra Aarhus Universitet, Health er denne behandling blevet sammenlignet med ny behandlingsstrategi. Som et forsøg har patienterne modtaget blæreskylninger med kemoterapi først og kun gennemgået operation såfremt skyllebehandlingerne ikke kunne fjerne blæretumorerne alene. Resultaterne viser, at mere end halvdelen af patienterne kunne undvære operationen, hvilket kan få stor betydning for patienterne, der ofte lider af tilbagevendende sygdomstilfælde med behov for gentagne operationer. Projektet er gennemført af Maria Skydt Lindgren, der forsvare det d. 20/08.

Forsvaret af ph.d.-projektet er offentligt og finder sted den 20/08 kl. 14 i auditorium B, Aarhus Universitet, Palle Juul-Jensens Boulevard 99, Aarhus. Det vil også være muligt at overvære forsvaret online via linket: <https://aarhusuniversity.zoom.us/j/65860893002>. Titlen på projektet er "Chemoresection in non-muscle invasive bladder cancer - Can we avoid TURBT in recurrent tumours?". Yderligere oplysninger: Ph.d.-studerende Maria Skydt Lindgren, e-mail: [mssl@clin.au.dk](mailto:mssl@clin.au.dk), tlf. 2214 5791.

Bedømmelsesudvalg:

Professor, overlæge, dr.med. Therese Ovesen, Øre-næse-hals afdelingen, Gødstrup Hospital, Hølstebro, Denmark.

Honorary senior lecturer og overlæge, Hugh Mostafid, Stokes Centre for Urology, Royal Surrey Hospital, University of Surrey, Guildford, UK.

Lektor og overlæge, Amir Sherif, Urinvejskirurgisk afdeling, Umeå Universitetshospital, Umeå, Sverige.

Press release (English)

#### Experimental treatment of superficial bladder cancer makes surgery unnecessary

The current treatment of superficial bladder cancer is surgery followed by bladder instillations with chemotherapy. A PhD project from Aarhus University, Health have compared the current standard treatment with a new experimental treatment strategy. In the experiment, patients have received bladder instillations with chemotherapy up-front and received surgery only, if the instillation did not remove all bladder tumours. The results show that more than half of patients treated could avoid surgery. This could have a big impact on affected patients that frequently suffer recurrent disease and require repeated surgery. The project was carried out by Maria Skydt Lindgren, who is defending her dissertation on 08/20.

The defence is public and takes place on 08/30 at 14.00 in Auditorium B, Aarhus University Hospital, Palle Juul-Jensens Boulevard 99, Aarhus. The dissertation can likewise be attended using the following link: <https://aarhusuniversity.zoom.us/j/65860893002>. The title of the project is “Chemoresection in non-muscle invasive bladder cancer - Can we avoid TURBT in recurrent tumours?” For more information, please contact PhD student Maria Skydt Lindgren, email: [mssl@clin.au.dk](mailto:mssl@clin.au.dk), Phone +45 2214 5791.

Assessment committee:

Professor, DMSc, Therese Ovesen, Department of ENT, Gødstrup Hospital, Holstebro, Denmark.

Honorary senior lecturer, Hugh Mostafid, Stokes Centre for Urology, Royal Surrey Hospital and Faculty of Health and Medical Sciences, University of Surrey, Guildford, UK

Associate professor, consultant, Amir Sherif, Department of Surgical and Perioperative Sciences Unit: Urology and Andrology, Umeå University, Umeå, Sweden.

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