

Press release

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Basic information

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Department of: Clinical Medicine

Main supervisor: Christian Wejse

Title of dissertation: "A health profile of newly arrived refugees - Results from a cross-sectional study of general health assessments of refugees upon arrival in Denmark"

Date for defence: 9.10.2020 at (time of day): 14.00 Place: Jeppe Vontillius auditorium ved Søauditorierne, Aarhus Universitet

Press release (Danish)
Hvad fejler flygtninge?

Gennem systematiske helbredsundersøgelser af nyankomne flygtninge i Aarhus kommune (Sociallægeinstitutionen) fra 2014-2018 tegner dette Ph.d.-projekt et billede af sundheden blandt nyankomne flygtninge - både fysisk og psykisk. Hos 64% af de nyankomne flygtninge blev der fundet helbredsproblemer, der krævede opfølgning.

Mange flygtninge har været uden lægehjælp under flugten og kommer fra lande hvor sundhedssystemerne er brudt sammen pga. krig og katastrofer. Der er derfor ofte behov for sundhedsfaglig opfølgning efter ankomst til et nyt land. Det er dog få kommuner i Danmark der gør dette systematisk. Århus er en af undtagelserne. 88% af de flygtninge der er kommet til Århus i perioden har sagt ja til helbredsundersøgelsen og dermed kan projektet give et godt billede af hvilke tilstande der er hyppige i denne befolkningsgruppe.

Helbredsproblemerne dækker bl.a. over D-vitamin mangel, latent tuberkulose, manglende børnevaccinationer og symptomer på PTSD. Sygdomme der har store konsekvenser for både individ og samfund. Konsekvenser der bliver mindre når sygdommene opdages og behandles tidlige. Eksempelvis kan latent tuberkulose behandles inden sygdommen bryder ud og bliver smitsom, og børn med svær D-vitamin mangel kan undgå varige knogleproblemer hvis de behandles med D-vitamin.

Resultaterne er fra et nyt ph.d.-projekt fra Aarhus Universitet, Health. Projektet er gennemført af Anne Mette Fløe Hvass, der forsvare det d. 9/10, 2020

Forsvaret af ph.d.-projektet er offentligt og finder sted den 09/10, 2020 kl. 14 i Jeppe Vontillius auditorium (1252-310), Aarhus Universitet, Bartholins allé 3, Aarhus C. Titlen på projektet er "A health profile of newly arrived refugees - Results from a cross-sectional study of general health assessments of refugees upon arrival in Denmark".

For yderligere oplysninger kontakt ph.d.-studerende Anne Mette Fløe Hvass, e-mail: [anhvas](mailto:anhvas@ph.au.dk), tlf. 25392608

Bedømmelsesudvalg:

Professor Claus Vinther Nielsen

Formand for bedømmer-komiteen og moderator ved forsvaret.

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Press release (English)
Health problems in newly arrived refugees

This Ph.D. project presents a health profile of newly arrived refugees - including both physical and mental health.

Through systematic health assessments of newly arrived refugees in Aarhus municipality (Department of Social Medicine) between 2014 and 2018, we found that 64% had health problems requiring follow up.

Many refugees had no access to medical assistance during the migration, and come from areas where health systems have broken down due to wars and disasters. Often, this creates a need for a medical health assessment after arriving in a new home country. Only few municipalities in Denmark offer systematic health assessments to refugees. Aarhus municipality is one of the exceptions.

In total, 88% of refugees coming to Aarhus participated in the programme during the study period. The high participation rate allowed for a high confidence in estimating prevalent conditions in this population group.

The health problems include e.g. vitamin D deficiency, latent tuberculosis, lacking childhood vaccinations and symptoms of PTSD. Conditions with vast consequences for both individual and society, and consequences that can be reduced when conditions are discovered and treated in early stages. E.g. latent tuberculosis can be treated before the disease becomes active and infectious, and children with severe vitamin D deficiency, who can avoid bone deformities with early treatment.

The results are part of a new Ph.D. project from Aarhus University carried out by, Anne Mette Fløe Hvass, who is defending her dissertation on 9/10, 2020.

The defence is public and takes place on 9/10 at Jeppe Vontilius auditorium (1252-310) Aarhus University, Bartholins allé 3, 8000 Aarhus C. The title of the project is "A health profile of newly arrived refugees - Results from a cross-sectional study of general health assessments of refugees upon arrival in Denmark". For more information, please contact PhD student Anne Mette Fløe Hvass, email: anhvas@rm.dk, Phone +45 25392608

Assessment committee:

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