

Press release

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Basic information

Name: Anna Aaby Email: aaby@ph.au.dk Phone: +45 41668262

Department of: Public Health

Main supervisor: Professor Helle Terkildsen Maindal

Title of dissertation: The Heart Skills Study - Health literacy and health literacy responsiveness in cardiac disease prevention and rehabilitation

Date for defence: 7 May 2020 at (time of day): 14:00 Place: Due to covid19 the defence will be transmitted via zoom. For information and link contact Anna Aaby, email: aaby@ph.au.dk, phone: +45 41668262

Press release (Danish)

Forbedret sundhedskompetence kan mindske ulighed blandt mennesker med hjertekarsygdom

Sundhedskompetence – dvs. evnen til at finde, forstå og anvende information om sundhed – har betydning stor betydning for sundhed og sygdom. Et nyt ph.d.-projekt fra Aarhus Universitet, Health fokuserer på sammenhængen mellem sundhedskompetence og hjertekarsygdomme, og peger på at sundhedskompetence kan være med til at forklare den sociale ulighed i sundhed. Projektet afprøver tillige om organisatoriske initiativer med fokus på at imødekomme menneskers forskellige sundhedskompetence kan forbedre de kommunale genoptræningstilbud efter hjertesygdom. Projektet er gennemført af læge Anna Aaby, der forsvare det d. 7/5 2020.

Forsvaret af ph.d.-projektet er offentligt og finder sted den 7/5 kl. 14. Titlen på projektet er ”The Heart Skills Study - Health literacy and health literacy responsiveness in cardiac disease prevention and rehabilitation”.

På grund af situationen omkring covid-19 kan forsvaret alene tilgås virtuelt. Link til den virtuelle begivenhed samt yderligere oplysninger kan opnås ved at kontakte Ph.d.-studerende Anna Aaby, email: aaby@ph.au.dk, tlf. +45 4166 8262.

Bedømmelsesudvalg:

Lektor Ulrika Enemark, Institut for Folkesundhed, Aarhus Universitet, Danmark (formand)

Professor, forskningsleder Jany Rademakers, Netherland Institute for Health Service Research (Nivel), Utrecht, Holland og Care and Public Health Research Institute (CAPHRI), Maastricht University, Maastricht, Holland

Professor, overlæge Morten Sodemann, Indvandrermedicinsk Klinik, Odense Universitetshospital, Odense, Danmark og Center for Global Sundhed, Syddansk Universitet, Danmark

Press release (English)

Improved health literacy may counter inequality in individuals with cardiovascular disease

Health literacy, i.e. the ability to find, understand and use health information, is of great importance to health and disease development. A new ph.d.-project from Aarhus University, Health, focuses on the association between health literacy and cardiovascular disease, and suggest that health literacy may help explain social inequality in health. The project also tests if organisational initiatives responding to individual’s diverse health literacy capacities can improve municipal cardiac

rehabilitation services. The project was carried out by MD Anna Aaby, who is defending her dissertation on 7 May 2020.

The defence is public and takes place on 7/5 2020 at 2 p.m. The project is titled "The Heart Skills Study - Health literacy and health literacy responsiveness in cardiac disease prevention and rehabilitation".

Due to the covid-19 situation the defence can only be attended virtually. To receive a link to the virtual event or for more information, please contact PhD student Anna Aaby, email: aaby@ph.au.dk, phone +45 4166 8262.

Assessment committee:

Associate professor Ulrika Enemark, Department of Public Health, Aarhus University, Denmark (chairman)

Professor, Head of research department Jany Rademakers, Netherlands Institute for Health Services Research (Nivel), Utrecht, the Netherlands, and Care and Public Health Research Institute (CAPHRI), Maastricht University, Maastricht, the Netherlands

Chief physician, Professor Morten Sodemann, Migrant Health Clinic, Odense University Hospital, Odense, Denmark, and Center for global and migrant health, University of Southern Denmark, Denmark

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