

Press release

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#### Basic information

Name: Hanne Mørkenborg Bové

Email: [hanbov@rm.dk](mailto:hanbov@rm.dk)

Phone: +45 28417822

Department of: Department of Public Health, Research Unit for Nursing and Health care, Aarhus University, Denmark.

Main supervisor: Associate professor Annelise Norlyk

Co-Supervisor: Associate professor Marianne Lisby

Title of dissertation: "Bridging acute nursing care to patients suffering from alcohol use disorders. A lifeworld perspective"

Date for defence: March 25 2020 at (time of day): 1:00 p.m.

Place: Aarhus University Hospital, Palle Juul-Jensens Boulevard 99, 8200 Aarhus N.

#### Press release (Danish)

Et langvarigt overforbrug af alkohol er helbredsskadende, og det anslås at næsten 10% af den danske befolkning har udviklet et skadeligt alkoholforbrug eller alkoholafhængighed.

Nærværende ph.d.-projekt tilvejebringer ny viden om sygeplejen til patienter, med et skadeligt forbrug af alkohol eller alkoholafhængighed, indlagt i en somatisk akutafdeling. Afhandlingen undersøger gennem et kvalitativt undersøgelsesdesign dels patienternes levede erfaringer med at modtage sygepleje under en indlæggelse i en akutafdeling og dels sygeplejerskernes levede erfaringer med at udøve sygepleje til patientgruppen i akutafdelingen.

Fundene afspejler modsatrettede aspekter inden for akutsygepleje til patientgruppen.

Afhandlingen diskuterer tre hovedresultater, der er væsentlige for en fremtidig mere sensitiv tilgang til patienten i akutsygepleje. Først belyses det, hvordan sygeplejerskens opmærksomhed på at anerkende den enkelte patients livsverden og dens betydning for patientens forståelse af egen sundhed og sygdom, er en forudsætning for, at sygeplejen til patienten kan blive medmenneskelig og dermed ikke kun styret af procedurer. For det andet belyses det paradoks, der opstår, når en særdeles kompleks patientgruppe skal indpasses i en standardiseret sygeplejetilgang. Afslutningsvist fremhæves det, hvordan sygeplejen guidet ud fra patientens livsverden kan fungere som bindeled mellem standardiserede procedurer og en humanistisk tilgang i akutsygeplejen.

Forsvaret af ph.d.-projektet er offentligt og finder sted den 25. marts kl. 13.00-15.00 i Auditorium J116-113, Indgang J, Aarhus Universitetshospital, Palle Juul-Jensens Boulevard 99, 8200 Aarhus N.

Titlen på projektet er "Bridging acute nursing care to patients suffering from alcohol use disorders. A lifeworld perspective"

Yderligere oplysninger: Ph.d.- studerende Hanne Mørkenborg Bové e-mail: [hanbov@rm.dk](mailto:hanbov@rm.dk), tlf. 28417822.

#### Bedømmelsesudvalg:

Sanne Angel, Associate Professor, PhD, MScN, RN

Department of Public Health, Research Unit for Nursing and Health Care, Aarhus University, Denmark (formand)

Kathleen Galvin, Professor, PhD, RN.  
School of Health Sciences, Centre for arts and Well-being,  
University of Brighton, England

Mette Grønkjær, Associate Professor, PhD, RN  
Department of Clinical Medicine, Aalborg University  
Clinical Nursing Research Unit, Aalborg University Hospital

Press release (English)

Excessive alcohol consumption is health damaging and recognized as one of the major avoidable health risk factors. Patients suffering from alcohol use disorders are frequent visitors in the emergency departments.

The present dissertation explores the lived experience of being cared for when suffering from alcohol use disorders and being admitted to an acute medical unit. As well as exploring nurses' lived experiences of providing care to the patient group and working in an acute medical unit. The overall aim was to illustrate a foundation for a theoretical value framework that has the potential to enhance acute nursing care to patients suffering from alcohol use disorders in the acute medical units.

The findings reflect opposite aspects within the acute nursing care for the patient group.

The dissertation discusses three main findings that are essential when emphasising a humanising perspective in acute nursing care. First, it is elucidated that in order to meet the patients in a more humanly sensitive care, nurses may have to employ a deeper willingness to recognise what the patient's lifeworld looks like hence acknowledge that the lifeworld influences patient's understanding of health and illness. Second, the paradox of placing care within the patient group's complexity and the simplicity of the procedures is elaborated.

Finally, the dissertation presents new insights on how a lifeworld-led care may be a way of bridging the gap within acute nursing care.