

Press release

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Basic information

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Department of: Clinical Medicine

Main supervisor: Hans Kirkegaard

Title of dissertation: Risk of readmission and the elderly patient's perspective of return to everyday life after discharge from a short-stay unit at the Emergency Department

Date for defence: January 14th at (time of day): 13.00 Place: Auditorium C114-101

Press release (Danish)

Risiko for genindlæggelse og den ældre patients oplevelse af hverdagen efter udskrivelse fra en akutafdeling

Ældre patienter der udskrives fra sygehuset er i særlig høj risiko for at blive genindlagt. Efter udskrivelsen har de ældre patienter typisk behov for at modtage pleje og genoptræning fra forskellige sundhedssektorer på grund af begrænsninger i udførelsen af daglige aktiviteter. Dette Ph.d. projekt havde som formål at forbedre praksis vedrørende udskrivelse af ældre patienter fra akutafdeling med henblik på at reducere de ældres risiko for genindlæggelse. Dette blev gjort gennem et behandlingsstudie med 375 deltagere hvor indsatsen bestod af en undersøgelse af de ældres evne til at udføre daglige aktiviteter, henvisning til genoptræning samt et hjemmebesøg dagen efter udskrivelse. Der blev ligeledes foretaget en interviewundersøgelse med 11 af deltagerne. Resultaterne viste at behandlingen ikke var effektiv til at reducere risikoen for genindlæggelse. Den kvalitative interviewundersøgelse bidrager til en forståelse af, hvordan ældre patienter oplever udskrivelsen og det at vende tilbage til en hverdag efter udskrivelse fra akutafdeling. At modtage information, føle sig forberedt og involveret samt føle sig tryk ved at vende hjem var af betydning for de ældres oplevelse af udskrivelsen. Begrænsninger i udførelsen af aktiviteter og spekulationer omkring helbredstilstand og fremtiden var tilstede i de ældres hverdag efter udskrivelsen.

Dette ph.d.-projekt fra Aarhus Universitet, Health er gennemført af Louise Møldrup Nielsen, der forsvare det d. 14/01 2019

Forsvaret af ph.d.-projektet er offentligt og finder sted den 14/01 kl. 13.00 i auditorium C114-101, Aarhus Universitets Hospital, Palle Juul-Jensens Boulevard 99, 8200 Aarhus N. Titlen på projektet er "Risk of readmission and the elderly patient's perspective of return to everyday life after discharge from a short-stay unit at the Emergency Department". Yderligere oplysninger: Ph.d.-studerende Louise Møldrup Nielsen, e-mail: lmn@via.dk, tlf 51245081.

Bedømmelsesudvalg:

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Press release (English)

Risk of readmission and the elderly patient's perspective of return to everyday life after discharge from a short-stay unit at the Emergency Department

Elderly patients discharged from hospital are at high risk of readmission. After their discharge, elderly patients typically need to receive care and rehabilitation from different healthcare sectors due to limitations in performing daily activities. The present PhD project aims to improve practice regarding the discharge of elderly patients from a short-stay unit at an emergency department in order to reduce their risk of readmission. This was done through an intervention study with 375 participants. The intervention consisted of an assessment of the elderly patients' ability to perform daily activities, referral to rehabilitation and a home visit the day after discharge. In addition, qualitative interviews with eleven of the participants were conducted. The results revealed that the intervention was not effective in reducing risk of readmission. The qualitative interviews contribute with knowledge concerning how elderly patients experienced being discharged and returning to everyday life after discharge from a short-stay unit at an emergency department. Receiving information, being prepared and involved and feeling secure about returning home were identified as important for the elderly patients during discharge. Limitations in performing daily activities and speculations concerning health condition and the future were present in the elderly patients' everyday lives after discharge.

The project was carried out by Louise Møldrup Nielsen, who is defending her dissertation on 14th of January 2019

The defence is public and takes place on 14th of January, at 13.00 in auditorium C114-101, Aarhus University Hospital, Palle Juul-Jensen Boulevard 99, 8200 Aarhus N. The title of the project is "Risk of readmission and the elderly patient's perspective of return to everyday life after discharge from a short-stay unit at the Emergency Department". For more information, please contact PhD student Louise Møldrup Nielsen, email: lmn@via.dk, Phone +45 51245081.

Assessment committee:

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