

Børne- og Ungdomspsykiatrisk Center inviterer til:

Minisymposium

Anxiety Disorders and OCD in Children and Adolescents

Torsdag d. 1 juni 2017, kl. 10.30 – 12.15

Program

Kl. 10.30: Velkomst ved Per Hove Thomsen, Professor, Børne- og Ungdomspsykiatrisk Center, Aarhus Universitetshospital Risskov & Klinisk Institut, Aarhus Universitet

Kl. 10.35: S. Evelyn Stewart MD FRCPC, Associate Professor of Psychiatry- University of British Columbia, Medical Director- BC Children's Hospital (BCCH) Provincial OCD Program, Research Director-Child, Youth and Reproductive Mental Health, BCCH, BCCH Research Institute Theme Lead- Brain Behaviour & Development.

Multimodal Examination of Pediatric OCD

This talk will provide an overview of Canada's first pediatric OCD translational clinical research program, founded in 2011 at the University of British Columbia, Vancouver. It will highlight findings from completed and in-progress studies assessing pediatric OCD and its outcomes from multiple perspectives.

Lecture aims are as follows: 1) To describe the UBC-POP model of integrated clinic & research aims; 2) To report on phenotype, neurocognition and academic functioning results to date; and 3) To discuss outcomes following group family-based CBT and parent mindfulness skills training.

Phenotype studies to be discussed will focus on family functioning, PANDAS/PANS subtypes and sleep profiles in pediatric OCD. Interim findings from an endophenotype neurocognition study including 84 OCD-affected, 55 unaffected siblings and 69 healthy controls will be shared. Finally, group, family-based CBT and parent mindfulness skills training study outcomes will be presented.

Kl. 11.20: Pause

Kl. 11.30: Barbara Hoff Esbjørn, Professor MSO, Institut for Psykologi, Københavns universitet & leder af Center for angst

Anxiety in childhood: prevention and treatment – two projects from Center for Anxiety

The talk will present rationale and data from two treatment project conducted at the Center for Anxiety, University of Copenhagen. The projects are aimed at improving treatment options for children with separation anxiety, specific phobia, social phobia and generalized anxiety disorders. The first study is a pilot study investigating if a self-help program to parents may be effective in treating low to moderate levels of anxiety in children. The second study is an open trial of the effects of metacognitive therapy for children with generalized anxiety disorder, many of whom where non-responders to previous treatments.

Arrangementet er åbent for alle interesserede. Ingen tilmelding.

Sted: Børne- og Ungdomspsykiatrisk Center, Aarhus Universitetshospital Risskov, Auditoriet, Skovagervej 2, indgang 30, DK-8240 Risskov