

Press release

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Basic information

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Department of: Clinical Medicine

Main supervisor: Axel Forman, Professor, MD, DMSc, Department of Clinical Medicine and Department of Obstetrics and Gynecology, Aarhus University Hospital and Aarhus University, Danmark

Title of dissertation: Outpatient Total Laparoscopic Hysterectomy

Date for defence: Marts 8th at (time of day): 2 pm Place: Region Hospital Herning, Auditoriet (Entrance N1, basement)

Press release (Danish)

Ambulant fjernelse af livmoderen ved kikkertkirurgi

I Danmark får cirka 4000 kvinder fjernet livmoderen på grund af godartede gener om året. I langt de fleste tilfælde fjernes livmoderen ved minimal invasiv kirurgi i form af kikkertoperation. Fordelene ved kikkertoperation sammenlignet med et åbent indgreb er mindre blødning, nedsat risiko for sårinfektion, kort indlæggelsestid og hurtigere rekonvalscens. Dette har medført, at flere kvinder vælger at gå hjem ambulant efter operationen. Samtidig er der øget krav om effektivisering og færre sengepladser til rådighed. PhD-projektets formål var at undersøge, om fjernelse af livmoderen kunne indføres som et generelt ambulant indgreb med bibeholdt høj patienttilfredshed, samt undersøge det postoperative fysiske aktivitet-niveau, sygemeldingens varighed og de økonomiske konsekvenser ved ambulant operation.

Ph.d.-projektet er gennemført af læge og ph.d.-kandidat Ulla Juul Christiansen ved Århus Universitet, Health og Regionshospitalet Herning, Gynækologisk Obstetrisk Afdeling og bliver forsvaret den 8. marts 2019 kl. 14.00.

Forsvaret af ph.d.-projektet er offentligt og finder sted den 8/3 kl. 14 i Auditoriet (Indgang N1, kælderen), Regionshospitalet Herning, Gl. Landevej 61, 7400 Herning. Titlen på projektet er "Outpatient Total Laparoscopic Hysterectomy". Yderligere oplysninger: Ph.d.-studerende Ulla Juul Christiansen, e-mail: ujchristiansen@clin.au.dk , tlf. 78434600.

Bedømmelsesudvalg:

Isil Pinar Bor (Formand), Clinical Associate Professor, MD, PhD, Gynækologisk-Obstetrisk Afdeling, Regionshospitalet Randers, Aarhus Universitet, Danmark

Erik Søgaard-Andersen, Associate Professor, MD, DMSc, Gynækologisk-Obstetrisk Afdeling, Aalborg Universitetshospital, Danmark

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Press release (English)

Outpatient Total Laparoscopic Hysterectomy

Hysterectomy is one of the most frequent gynecological operations and performed in approximately 4,000 women per year in Denmark on benign indication. It is performed by minimal invasive surgery with the use of laparoscopy. The advantages of the procedure implies shorter hospitalization and recuperation, reduced perioperative blood loss, less postoperative pain, and low rate of infections compared to open surgery. The procedure is therefore increasingly performed as an outpatient procedure in selected women. The next logical step seems to be implementation of an outpatient procedure for all women. This might compromise quality of life in the early postoperative period with consequences for physical activity and sick leave. This ph.d.-project evaluated patient satisfaction, physical activity, time to return to work, and economical consequences for laparoscopic hysterectomy performed as an outpatient procedure versus short term postoperative hospital stay.

The project was carried out by Ulla Juul Christiansen, who is defending her dissertation on Marts 8th 2019.

The defence is public and takes place on Marts 8th 2019 at 2 pm in Auditoriet, Region Hospital Herning, Gl. Landevej 61, 7400 Herning. The title of the project is Outpatient Total Laparoscopic Hysterectomy. For more information, please contact PhD student Ulla Juul Christiansen, email: ujchristiansen@clin.au.dk, Phone +45 78 43 46 00.

Assessment committee:

Isil Pinar Bor (Chairman), Clinical Associate Professor, MD, PhD, Department of Obstetrics and Gynecology, Region Hospital Randers and Aarhus University, Denmark

Erik Søgaard-Andersen, Associate Professor, MD, DMSc, Department of Obstetrics and Gynecology, Aalborg University Hospital, Denmark

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